

## AQUATICS SCHEDULE AS OF 8/28/17

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM		POOL OPENS AT 6AM MONDAY through FRIDAY					All Deluxe and Select Pool Sessions REQUIRE a band to enter the pool. Bands are issued at the members services desk. Standard members not permitted in pool during this time.
7:00 AM							
8:00 AM	CO-ED 6:00 - 9:15am	CO-ED 6:00 - 9:30am	CO-ED 6:00 - 9:15am	CO-ED 6:00 - 9:30am	CO-ED 6:00 - 9:15am	Pool Open 745am	Pool Open 7:45am
8:30 AM							
9:00 AM					9:15 - 10am		
9:30 AM	Womens Only Swim 9:15 - 10:15am	9:30-10:30am AQUA AEROBICS DELUXE/SELECT ONLY CO-ED SWIM	Womens Only Swim 9:15 - 10:15am	9:30 - 10:30am AQUA AEROBICS DELUXE/SELECT ONLY CO-ED SWIM	AQUA AEROBICS DELUXE/SELECT ONLY CO-ED SWIM		
10:00 AM					10 - 11am		
10:30 AM	CO-ED 10:15 - 11:00am	10:30am-11:55am CO-ED	CO-ED 10:15 - 11:00am	CO-ED 10:30 - 11:55am	Womens Only Aqua Aerobics DELUXE/SELECT		
11:00 AM	11am - 12pm Womens Only	11-11:55am Northern Metropolitan	11am - 12pm Womens Only		11AM - 11:55am Northern Metropolitan CO-ED		CO-ED 7:45am - 12:30pm
11:30 AM	Aqua Aerobics DELUXE/SELECT		Aqua Aerobics DELUXE/SELECT				
12:00 PM	12pm - 1pm Womens Only	12pm - 1pm Womens Only		12pm - 1pm Womens Only			
12:30 PM	Aqua Aerobics DELUXE/SELECT	Swim DELUXE/SELECT	Womens Only Swim 12pm - 3pm	Aqua Aerobics DELUXE/SELECT	Womens Only Swim 12pm - 3pm		Womens Only Swim 12:30 - 2pm
1:00 PM	Womens Only Swim 1pm - 3pm	Womens Only Swim 1pm - 3pm		Womens Only Swim 1pm - 3pm			
1:30 PM							
2:00 PM							CO-ED
2:30 PM							2 - 3pm
3:00 PM	CO-ED	CO-ED	CO-ED	CO-ED	CO-ED		Mens Only Swim 3 - 4:25pm
3:30 PM	3pm - 4:30pm	3pm - 4:30pm	3pm - 4:30pm	3pm - 4:30pm	3pm - 4:30pm		
4:00 PM						3:45 POOL CLOSED	4:25 Pool Closed
4:30 PM	CO-ED LAP SWIMMING AS SWIM LESSONS ALLOW					MON - THURS 6AM - 11 PM FRIDAY 6AM - 7:45 PM SATURDAY 7:45AM-3:45PM SUNDAY 7:45AM-4:25 PM	
5:00 PM						COLOR CODING WOMEN'S ONLY	
5:30 PM						DELUXE SELECT WOMENS ONLY	
6:00 PM						DELUXE SELECT CO-ED SWIM	
6:30 PM	CO-ED 6:35pm-7pm	CO-ED 6:35pm-6:45pm	CO-ED 6:35pm-7pm	CO-ED 6:35pm-7pm	CO-ED 6:35pm-7pm	CO-ED MEN'S ONLY	
7:00 PM		6:45 - 7:45pm Womens Only Aqua Aerobics DELUXE/SELECT				All Deluxe and Select Pool Sessions REQUIRE a band to enter the pool. Bands are issued at the members services desk. Standard members not permitted in pool during this time.	
7:30 PM	Womens Only Swim 7pm - 8:30pm	Womens Only Swim 7pm - 8:30pm	Womens Only Swim 7pm - 8:30pm	Womens Only Swim 7pm - 8:30pm		7:45 Pool Closed	
8:00 PM		Womens Only Swim 745-8:30pm				CHILD CARE HOURS	
8:30 PM					MON - FRIDAY SATURDAY SUNDAY	8:30 am - 2:15 pm Not Available 8:00 AM - 2 PM	
9:00 PM						INQUIRE AT MEMBER SERVICES DESK OR CHECK THE WEBSITE FOR HOLIDAY HOURS AND POOL CLOSING INFORMATION WWW.LPXCLUB.COM 845-356-1900	
9:30 PM	Mens Only Swim 8:30 - 11pm	Mens Only Swim 8:30 - 11pm	Mens Only Swim 8:30 - 11pm	Mens Only Swim 8:30 - 11pm			
10:00 PM							
10:30 PM							
11:00 PM	Pool Closes 11:00PM						8/22/2016

PRIVATE SWIM LESSONS ARE OFFERED AT ANY GIVEN TIME DURING THE NORMAL HOURS OF OPERATION